

WELLNESS POLICY 2020-2021 SCHOOL YEAR

mount pisgah
CHRISTIAN SCHOOL



If you aren't feeling well, it is very important that you stay home.

If you develop a fever, 100.4* or greater, new cough or shortness of breath, without any known knowledge of being exposed to COVID-19, you will be asked to stay out of school for a full 72 hours. We do hope these individuals will proceed with testing and/or MD evaluation in order to identify any possible cases of COVID-19.

*Please note that the 100.4 cutoff recommended by the CDC is intended for general screening purposes of otherwise healthy individuals walking into a school or institution. The school nurses can make recommendations for return to school for all individuals that present to the clinic or are sent home from school because of one or more symptoms, regardless of temperature.

- If a doctor's note is provided by the pediatrician or primary physician clearly stating the child or staff member is cleared to return to work/school then this will be permitted before the 72 hours. (as in this fever was related to an ear infection and MD has no concern of COVID-19)

If you are notified that you were in direct contact with a positive case, you will need to go home and quarantine for a full 14 days from last contact before returning to campus.

A contact is defined as:

- Anyone that was within 6 feet of a positive case for at least 15 minutes. Everyone is considered contagious starting 2 days prior to the onset of their symptoms. Therefore it is important to think back to those that may have been within 6 feet for at least 15 minutes. We are encouraging everyone to keep this distance as much as possible.
- Anyone that took care of the sick individual before knowing they were positive (aka handled tissues or shared bathroom space).

A negative test during this time does not mean you can return to school or can break your quarantine. It can take the full 14 days to become positive.

If you then begin to develop any symptoms during this quarantine time, please proceed with testing/notify an MD and notify the school.

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Any individual with a positive test must remain home and in isolation until A) ten days have passed from the first day symptoms were noted B) they remain fever free for full 24 hours WITHOUT any meds like advil/motrin, tylenol and C) an improvement in overall symptoms has occurred.

It is always important to discuss with your doctor when to leave isolation. People with weakened immune systems can shed the virus even after they recover.

We are asking for each family to be aware that our success is dependent on everyone having complete transparency on this sensitive topic. Please communicate any exposure or illness in your home. Your privacy will always be protected but timing is important in stopping the spread to others and to decrease risk to vulnerable individuals.

If anyone in your home has a positive test for COVID-19, every member in this household is considered a contact and must stay home for 14 days from the last contact. If everyone remains in the household, each member must quarantine for 14 days from the day the ill person meets all three criteria to be out of isolation and back to work/school. We understand how lengthy this is but if all remain in the household, the exposure could still occur that far out.

If your child is asked to be picked up from school, the parent or designated person on file must arrive no later than 45 minutes from the first call from the school.

Reminder: Students who travel outside the U.S. need to quarantine for 14 days before returning to campus.