



Fall Sport Tryouts/Summer Practice/Start Dates

Weight Room Schedule: Monday-Thursday

10:15am-11:15am Varsity Girls Sports

11:15-12:15 Varsity Boys Sports

12:15pm-1:15pm Middle School - All Sports

Varsity/JV/MS Football:

Spring Practice - V/JV – May 6-10th, 13-17th 3:30-5:15

Summer Workouts - V/JV – June 3, Mon – Thurs 7:45 AM-10:45 AM (weight room 7:45-8:45, PAC 9:00-10:45). MS – 12:15pm-1:15pm

Practice Starts - V/JV – July 25-30th 7:45AM-12:30PM, July 31-August 2nd 5-9PM
August 5th 7:45-10 AM; August 6th 5-9 PM; August 7th
3:30-5:45

MS – August 2nd, 3:30-5PM

Varsity/JV/MS Volleyball:

Tryouts - Varsity/JV Spring Evaluation May 13-16, 3:30-5:30

Varsity/JV Fall Tryouts July 29-30, 8 am-12 pm

MS August 7-8th, 3:30-5PM

Summer Workouts - **Weight Room**

V/JV – 10:15-11:15 AM Mon-Thurs.

MS – 12:15pm--1:15pm Mon-Thurs.

Open gym

V/JV/MS July 9-11th, 16-18th 9-11 am; July 23-25th 3:30-5

Emory Team Camp at Emory University, July 19-21. Resident camp (staying on Emory's campus), \$375. EVBCvolleyball.com. For Varsity and JV.

Practice Starts - Varsity–July 31st, 3:30-5:30 (Monday-Friday)

JV- July 31st, 3:30-5:30 (Monday-Thursday)

MS- August 12th 3:30-5:30 (Monday-Thursday)

Varsity/MS Cheerleading:

Tryouts - V/MS – May 6-10, 3:45-5:30PM

Summer Workouts - Weight Room V 10:15-11:15AM Mon -Thurs.

MS – 12:15-1:15PM Mon - Thurs.

V - June 3 - 6 Summer Prep from 1:00 - 3:00PM

Practice Starts - **Team Camp** – July 22-23rd 9:00-3:00PM @ GA Allstars (3000 Northfield Place Suite 100 Roswell, GA 30076)

V/JV – July 31th

MS – August 7th

Varsity/JV/MS Softball:

Tryouts - May 6-10th, 3:30-5:30.

MS - Aug. 8th: 3:30 - 5:00 PM

Summer Workouts - V/JV – July: Monday-Thursday, 5:30-7:30 PM

Practice Starts - V/JV – August 5th, 5:30-7:30PM

MS - August 12th: Monday - Thursday 3:30 - 5:00 PM

Varsity/JV XC:

Summer Workouts - Tues., Wed. Thurs. 8:30 - 10:00 meet at the Drum

Practice Starts - 1st Day of School, 3:30 - 5:00 at the PAC

US/MS Wrestling:

June 3rd-7th TBD

June 10th and 11th @ Home: Noon-2pm

June 12th and 13th @ West Forsyth: Noon-2pm.

June 24th @ Home at Noon-2pm

June 25th @ Walnut Grove: 5pm-8pm

June 26th @ West Forsyth: Noon-2pm

June 27th @ Lambert: 5pm-8pm

July 7th-10th Wrestling Camp at Ohio State

Varsity/ JV Boys Basketball:

Summer Practices: 9- 11 in Drum -- June 4, 5, 6,11, 12, 13, 18, 19, 20

Team Camps:

- June 8-9 @ Georgia Tech (\$450/ team)
- June 14- 15 @ Georgia State (\$450/ team)
- June 21- 23 @ GHSA/ NCAA Team Camp (\$200/ team)

Varsity Girls Basketball:

Summer Practices: 11:30am-1pm in Drum -- June 3,4, 5, 6, 11, 12, 13, 18, 19, 20

Weight Room-10:15am-11:15 am-Mon-Thurs.

Team Camp: June 7th-9th- @ UGA-\$75 per player (overnight stay in Athens)

MS Girls Basketball:

Summer Practices: TBD

MS Boys Basketball:

Starting June 4th from 1:30 – 3:30pm, Tuesday & Thursdays in the Drum